



PRISMA

LiberaMente Creative music lab

Do you like playing music?

Take part in a unique experience to express your musical creativity and manage performance stress. Join the "LiberaMente" Creative Music Lab!

In this workshop, you will:

- Transform performance stress into creativity
- Express your emotions through music
- Create music as a group, in a non-competitive environment

Who is it for?

LiberaMente is open to all students with a good knowledge of a musical instrument.

Workshop Structure

2 Labs of 4 lessons each (February - April 2025).

- **Lab 2 (6, 13, 27 February and 6 March)**
Musical creation inspired by visual arts.
- **Lab 3 (27 March, 10, 17, 24 April)**
Connections between emotions and sound, inspired by photographs.

How to participate?

Places are limited! To participate in Labs 2 and 3, apply by **27 January, 2025** via google form



Selected participants will be notified by **31 January 2025**

For more information, contact:
social.fbc@unive.it

Curated by

Paolo De Gaspari, expert in Performance Class and Creative Music, bass clarinet professor at the Trinity Laban Conservatoire in London and Visiting Professor at the Royal Conservatoire of Birmingham, UK.

Mario Tiffi, musician, producer, arranger, and publisher.

